



Wokingham
Learning Disability
Partnership Board



Minutes from the Partnership Board's **BIG** Meeting Rose Street Methodist Church, Wokingham Tuesday 14th December, 2010



Welcome and Good News!

David welcomed everyone to today's meeting and asked people to introduce themselves and share some good news. Here's what a few people had to say:



- **David** had a lovely weekend away, and very kindly brought some biscuits in for everyone to share during the break. Thank you David!
- **Paul** is looking forward to the Webcas Christmas lunch today.
- **Peter** is looking forward to see his family over Christmas.
- **Philip** had a meeting with Sarah Cox about being the Treasurer for the Take Notice Group.
- **Robert** is looking forward to Christmas.
- **Prisca** is pleased that her Christmas tree is up!
- **Mette** had 2 bits of good news. The Council has started making changes to people's jobs in Adult Social Care. We now know who will be managing the services – more information at the end of this section. The other good news is that the college course for young people in transition (a joint project between Addington School, Ravenswood and the Council) is going really well.
- **Patsy** is pleased that one of her clients has a voluntary job at Sainsbury's which he loves!
- **Margaret** went to the Eye Know launch recently and the 2 people she supported to attend, both had an eye test.
- **Anthony** enjoys working in the Co-op 2 days a week, and is pleased his Christmas decorations are now up!
- **Tamara** has just started working at SCDT Support Service so it is her 1st time at our Big Meeting – welcome Tamara!
- **Sarah** is looking forward to going out for a CLASP office Christmas lunch after today's meeting.
- **Karen** went to the recent Learning Disability Today Exhibition and helped out on Norwood's stand. Karen said it was a really good day out!
- **Annette** is very pleased that building work has started on the new Beeches Manor housing development on Reading Road.





- **Marlena** has been speaking to Hampshire Council who have been very impressed with our work around Choice Champions, and will soon be trying something similar in Hampshire!
- **Jodie** reminded us that Fiona from WIN (Wokingham Information Network) will be in the cafe area today, running WIN's 2nd drop in session.
- **Steven** will be celebrating his birthday on 18th December, and will be going to the theatre in London. Happy Birthday Steven!



As mentioned earlier, the **new job titles** for Mette, Alan and Jenny are:

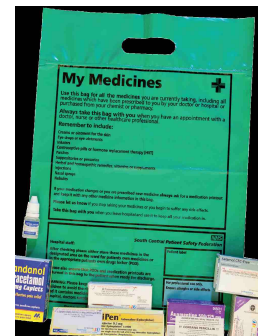
- * Mette - Interim Head of Adult Social Care Provided Services
- * Alan - Senior Operational Manager, Community Based Services
- * Jenny - Senior Operational Manager for Support and Brokerage



Green Bag Scheme – Deborah Williams



Deborah from Prospect Park Pharmacy talked to us about the Green Bag Scheme. Since September, the South Central Health Authority have started using the Green Bags to stop medication errors happening when people see their GP or are admitted to hospital.



The idea is that patients put their medications (including over-the-counter medication like cough medicine and herbal remedies) in a Green Bag and take them with them when they see a health professional. If there is an emergency, then paramedics will look for the Green Bag and take it with the patient in the ambulance. This will let the doctor know all the medications the patient is taking so that they can treat them better.

When the patient leaves hospital their new medication plus a 'patient discharge summary' (a letter saying why they were in hospital and the medication they have been given), will be put into their Green Bag. A copy of the discharge summary is also given to the patient's GP.

If you don't have a Green Bag, you will be given one when you visit your doctor or go to the hospital. You can also pick one up from the Community Team at the Old Forge, your local pharmacy, or pop into your GP surgery.



How will the Green Bag Scheme help me?

- It will help healthcare staff **record accurate details** about your medication.
- It lets you **keep your medicines with you** when you are in hospital.



- It will help hospital staff **speed up the paperwork** when discharging you from hospital
- It gives you **somewhere to keep other medical information** (like repeat prescriptions).



For more information about the Green Bag Scheme, contact the Pharmacy Department at Prospect Park Hospital on tel: 0118 960 5080.



Self Advocate Workshop Feedback – Philip Pearce



The Self Advocate Workshop on the 7th December was about **“Different Cultures and Religions”**. They started off with an icebreaker where people picked their favourite carol. Peter did a great job helping everyone with this. Rudolph the Red Nosed Reindeer got the most votes so everyone sang along to this favourite carol to get into a festive mood!

Mel Cox (who runs an Equalities Project) was invited to help everyone learn lots of interesting things about different religions. They played a quiz called “Name that place of Worship” where everyone matched photos of different places of worship with the religion.



Judaism



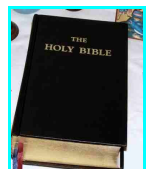
Christianity

Then everyone heard from 4 people who talked about their different religions and what it means to them:

Sohnpal talked about Sikhism and explained that some Sikhs don't cut their hair and wear turbans. He talked about the 10 Gurus and the holy book called the Granth Sahib. He also talked about the 5K's and the Sikh festivals.



Next, Tim talked about Christianity. He told everyone about going to church and why people pray, and explained the meaning of Christmas and Easter.



Finally, Julian and Lawrence talked about Judaism. They had made some posters to explain the Jewish festival called Chanukah and the Jewish Sabbath called Shabbat. They also answered questions about the Jewish faith.

Mel ended the workshop by telling everyone about some other religions.





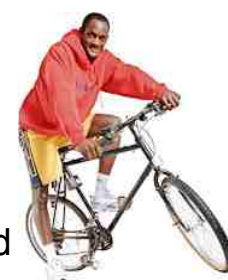
Annual Performance Assessment - Mike Wooldridge

Every year, councils all over the country are assessed by the Care Quality Commission (CQC) to see how well they are supporting adults who get social care support. The CQC is a national organisation that checks the quality of lots of different services. They give the council a grading of either poor, adequate, well or excellent. The CQC write a report saying what the council is good at, and what they need to improve on. They look at statistics (numbers) – things like how many reviews have been done and how quickly they took place. The CQC do these checks every year, but this year will be the last time it happens.



These are the things the CQC check:

- ✓ **Health & Wellbeing:** How the council supports people to be healthy, make healthy choices, access sport and leisure and feel good about themselves.
- ✓ **Quality of Life:** How the council supports people to have a good quality of life and help them make good choices.
- ✓ **Making a Positive Contribution:** How the council supports people and their carers to make a contribution to the way services are run, and have a say as a citizen in their community.
- ✓ **Choice and Control:** How the council promotes self directed support and personal budgets; and helps people to make choices about how they spend their day.
- ✓ **Discrimination and Harassment:** How the council makes sure everyone gets equal access to services and support to be free from harassment.
- ✓ **Economic Wellbeing:** How the council supports people to access all the benefits they can claim, and help people get a paid job.
- ✓ **Dignity and Respect:** How the council helps people be free from abuse and supports them to feel safe in their community.
- ✓ **Leadership and Resources:** How the council runs its services and how well they use their limited resources (staff and finances).



What was the result for Wokingham Borough Council?



Health and Wellbeing – The council was rated EXCELLENT

Strengths:

- Advice and information
- Health checks
- Sports & exercise activities
- Keeping people out of hospital

Areas to Improve:

- Accuracy of discharge data (a record of when people leave hospital)



Choice and Control – The council was rated EXCELLENT



Strengths:

- Wokingham Information Network
- People get an assessment quickly
- Self directed support and personal budgets
- Helping people with learning disabilities live independently and get a paid job

Areas to Improve:

- Telecare – also known as assistive technology (special gadgets like a safety pendant you wear around your neck and push to raise an alarm if you need help).



The council was rated **PERFORMING WELL** in all other areas.



Mike said these results were the best the council had got! Even though the council will not be inspected in the same way, the council will still look at the way they deliver their services and how they can check how well they are doing. This will include asking local people what they think.

This is what we thought:

The Partnership Board is looking at a project where people with learning disabilities audit (check) services. Could this form part of the council's checks?

Telecare is a good way of helping people feel safer and more independent living in their own homes. We talked about holding an event so more people can find out about the benefits.



To read more about what the review and how Wokingham compares to other councils, go to: http://www.cqc.org.uk/_db/_documents/94717_APA.pdf



Good Health Sub Group – Jenny Harris

The group have a new action plan and will be working with Reading and West Berks Partnership Board to make it happen.



Every year Berkshire West PCT (which includes West Berks (Newbury), Reading and Wokingham areas) have to tell the Strategic Health Authority how well they are doing supporting people with learning disabilities. They held a special event in Reading last March called the 'Big Health Check Up' to find out what people think about local health services. They used this information to write the report.





David was invited to be part of the group that looked at how other Primary Care Trusts are doing. He couldn't mark our report because that wouldn't be fair.

In July, the Strategic Health Authority held an event to celebrate all the good work going on across the south central area.



Then the Wokingham, Reading and West Berks Partnership Boards had a joint event in October [to make an Action Plan](#). The group looked at things that are going well and things that could be done better. In some cases, something might be going well in 1 area but not so well in the other 2 areas – for example Annual Health Checks are going well in Wokingham, but not so well in Reading or West Berks, so they thought of ways of helping the 2 other areas with this.

Jenny highlighted some of the things on the action plan:

- [Training](#) – To run more training for health receptionists, dentists and opticians.
- [Complaints Procedure](#) – The PCT are looking at a new complaints procedure so that people know how to complain.
- [Sharing Information](#) – There needs to be a better system of sharing information between social care and health care.
- [Young People in Transition](#) – Social care services are working well with this group of people, but more work needs to be done within health care.
- [Hospitals](#) – Discharging people from hospital and how well hospitals work with carers and people with learning disabilities.
- [Diabetes](#) – They are looking at a training programme to help staff and carers supporting adults with learning disabilities who have diabetes.
- [Cancer Care](#) – More work needs to be done around cancer care for people with learning disabilities.
- [Dementia](#) – Need to develop training and resources in this area.



That was the end of Jenny's presentation. Here are some of our comments:

Our Partnership Board would be happy to host a future joint event (for the 3 Partnership Boards).

It's good news that Jenny will carry on being responsible for learning disability Community health in her new role!



Leads Event: Action Plan – Jodie Reichelt



Every year we have a Planning Event where the Core Group and Sub Group Leads come together to think about what the Partnership Board has done in the past year, and make plans for the coming year. This year we had an extra member from each sub group come along, and also Eddy McDowall from the Valuing People Team (Eddy looks after all the Partnership Boards in the South East).



Since then, Jodie has collected together the views of our members (from a recent questionnaire that we sent out before the Leads Event) and the suggestions from everyone on the day, and put them together to form an Action Plan! Jodie took us through the [19 different points on the Action Plan](#). (Please contact the Partnership Board for more information about the action plan.)

The plan includes ideas to help out the sub groups, let more people know about the Partnership Board, and get more family carers involved in the work of the Partnership Board - plus lots more!



[How do you want to be kept updated?](#)

We thought of different ways to let people know how we are doing, making the action plan happen. For example, should we give updates at the Big Meetings or put information on our website? Everyone thought it was a good idea to give an update at the Big Meeting every 3 months. For those people who aren't able to attend the meeting, they will be able to read it in the minutes. In the meantime, if anyone thinks they can help with something, please talk to Jodie.



Anything Else?

1. Growing Places will be holding table top and car boot sale on Saturday 18th December at the Acorn Community Centre.
2. David reminded everyone of the Partnership Board AGM at the town hall on [Wednesday 9th February](#).





That was the end of the meeting. We thanked David for bringing the biscuits in for us, and wished everyone a Merry Christmas and a Happy New Year!

Our **AGM** will be on...



Date: Wednesday 9th February, 2011
Time: 10am-3pm
Where: Town Hall, Market Place, Wokingham
(entrance opposite WH Smiths)



The next **Big Meeting** will be on...

Date: Tuesday 29th March, 2011
Time: 10am-12noon
Where: Rose Street Methodist Church, Wokingham



We need your help to make sure the Partnership Board works on the things that are most important to people with learning disabilities and family carers. Please let the Partnership Board team know what things you would like us to talk about at the Big Meeting. We would especially like to hear from people with learning disabilities and family carers.

